

Lemons, Tea Tree & Bay Rum, oh my!

I never used to equate the word "barn" with "pampering." But that was before the Soap Barn came along and wowed me with its Lemongrass & Sage, Cucumber Melon and Lavish Laundry soaps.

The Soap Barn, a line of soaps and other luxury products handcrafted by Kari Trickey (below), uses the best vegetable-based oils and natural silk fibers to fashion its fabulous sudsy skin treats. Trickey begins with olive oil, then adds coconut oil for a rich lather palm oil and shea butter, which is a fabulous moisturizer.

The soaps are mixed, poured and cut by hand, with each bar weighing about 4 ounces. The Soap Barn also offers lip balms, its Extra Emu Muscle



fashion flash

Rub, lotion bars, 100 percent unrefined shea butter, massage oils, bath crystals, sugar scrubs, natural deodorants, foot soaks and specialty soaps, like Lavendar with Goat's Milk and Energizel, a blend of grapefruit and eucalyptus.

Among the many scents are Apple Jack & Peel, Bay Rum & Lime, Cool

Citrus Basil, Flowering Cactus, Gardenia, Patchouli, Rain, Rosemary & Peppermint, Stress Relief and Tea Tree with Oatmeal, Honey & Goat's Milk.

On dry Saturdays, Trickey will be at Farmer's Market with her soaps from 7 to 11 a.m. through October at 15th Street and Peoria Avenue. Check out her products online at www.soapbarn.com, then place an order either by phone, 274-7440, or e-mail, kari@soapbarn.com.

In the fall, she'll also be at various craft fairs. If you'd like her monthly newsletter to keep up with appearances, send a request to news@soapbarn.com.

Mane tamers

Ahh, the outdoors. So pretty to look at from the air-conditioned comfort of my home.

But for those who venture out, beware! All that quality time outdoors can add to your hair's woes.

With this in mind, Prevention magazine sought out the best shampoos for your hair this summer that promise to tackle any problem.

Frizzy hair. Paul Mitchell Super Skinny Daily Shampoo sells for about \$9 and is available in salons. Smoothing ingredients displace water in the hair shaft, reducing volume and frizz.

Fried hair. Neutrogena Triple Moisture Cream Lather Shampoo is available in drug stores for about \$6. Three botanical emollients smooth straw-like strands and flatiron-frazzled ends. Just a little of this ultra-creamy concoction goes a long way.

Chlorine and saltwater buildup. Frederick Fekkai Apple Cider Clarifying Shampoo is a bit pricier — but oh-so worth it! — at \$18.50 and is



available at Saks Fifth Avenue in Utica Square. Fruit acids strip away dulling residues and boost shine without harming hair. You only need to use it once or twice a week.

Limp locks. Clairol Herbal Essences Rainforest Flowers Uplifting Shampoo is available for \$3.50 just about every-

where. Weightless cleansers and conditioners blend with hibiscus, ylang-ylang and vanilla flower extracts to lift your hair.

Fading color. L'Oréal Vive Color-Care Shampoo is another inexpensive option for tackling hair stress at around \$4. UV filters and conditioner protect color-treated hair from the elements so color lasts much longer.

Elle of a fall

Who do you want to be this fall? A femme fatale? A bohemian? Orlando Bloom? Sorry, just slipped.

If it's one of the first two, Elle magazine's September issue can point you in the right wardrobe direction.

Fashion's message this season is all about freedom and individuality, according to the magazine. And nothing speaks to the all-American ideal better than blue jeans, especially now when denim comes in so many different varieties.

As for other areas of your wardrobe:

By day there are bold tweeds, racy leopard and '70s-style, swiny knee-length dresses, which look great with an armful of bangles, belts, clutches and boots encrusted with beads or semi-precious gems.

For after-hours, options range from the old-world elegance of embroidered tulle gowns to the pared-down sleek and simple cocktail dresses in subdued and sophisticated colors of black, white and silver.

When the weekend arrives, indulge in luxe, oversize sweaters. For a more polished look, try wool flannels and fur shrugs.

Jason Ashley Wright 581-8483 jason.wright@tulsaworld.com



STEPHEN PINGRY / Tulsa World file

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